

LET'S TALK ABOUT...

# COMMUNITY MENTAL HEALTH NEEDS

THURSDAY, NOVEMBER 9, 2023 5:30 - 7:00 PM

SCAN HERE TO REGISTER!



## JOIN US TO SHARE:

- The most important issues for you and your community when it comes to mental health or substance use
- Programs, services, or activities to provide support and help address challenges for your community

SNACKS AND REFRESHMENTS WILL BE PROVIDED!

HAVE ANY QUESTIONS?

Please email Katie Wan at [klrule@health.ucsd.edu](mailto:klrule@health.ucsd.edu)

## WHERE?

Rancho San Diego Library  
11555 Via Rancho San Diego, El Cajon, CA 92019

CAN'T MAKE IT? SCAN HERE TO SHARE YOUR THOUGHTS WITH US!



What you share will be included in a set of recommendations developed for the County of San Diego Behavioral Health Services to better address mental health and substance use challenges faced by the community members throughout the County.



Up2SD.org

UC San Diego Health



COMMUNITY HEALTH IMPROVEMENT PARTNERS  
making a difference together

**"Let's Talk About..." Community Events** encourage people to talk openly about behavioral health topics, challenges, and needs, promote local organizations and related resources, and aim to reduce stigma through community conversation.